

NIBBLES	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphites
MARINATED OLIVES														
GARLIC PIZZETTE		Does contain wheat					Does Contain						Does Contain	
GARLIC PIZZETTE WITH CHEESE		Does contain wheat					Does Contain						Does Contain	
BUTTERMILK CHICKEN WINGS				Does Contain			Does Contain		Does Contain					Does Contain
HALLOUMI CHIPS	Does Contain						Does Contain						Does Contain	Does Contain
MINI CUMBERLAND		Does contain wheat							Does Contain					Does Contain
ARTISAN BREAD		Does contain wheat					Does Contain							

STARTERS	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphites
WHIPPED FETA		Does Contain wheat					Does Contain		Does Contain					Does Contain
SEASONAL SOUP		Does Contain wheat					Does Contain						Does Contain	Does Contain
HADDOCK GOUJONS		Does Contain wheat			Does Contain				Does Contain					
HADDOCK GOUJONS GF					Does Contain				Does Contain					
HAM, PEA & MANCHEGO CROQUETTES		Does contain wheat		Does Contain			Does Contain							
GAMBAS PIL PIL		Does contain wheat	Does Contain				Does Contain							
TOMATO BRUSCHETTA		Does contain wheat					Does Contain							
TOMATO BRUSCHETTA ADD MOZZARELLA		Does contain wheat					Does Contain							
LAMB KOFTA		Does contain wheat					Does Contain							
PERI PERI SQUID							Does Contain	Does Contain						Does Contain

BRUNCH & LUNCH	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphites
CLUB SANDWICH		Does contain Wheat		Does contain					Does contain					
F.L.T		Does contain Wheat		Does contain	Does contain				Does contain					
PARMA HAM & MOZZARELLA CIABATTA		Does contain Wheat					Does contain		Does contain					Does contain
EGGS BENEDICT - MUSHROOM		Does contain Wheat		Does contain			Does contain		Does contain					Does contain

EGGS BENEDICT - SALMON		Does Contain Wheat		Does contain	Does contain		Does contain		Does contain					Does contain
EGGS BENEDICT - BACON		Does contain Wheat		Does contain			Does contain		Does contain					Does contain
CHOPPED AVOCADO & EGGS		Does contain Wheat		Does contain										Does contain
CHOPPED AVO & EGGS - ADD SALMON		Does contain Wheat		Does contain	Does Contain									Does contain
CHOPPED AVO & EGGS - ADD BACON		Does contain Wheat		Does contain										Does contain
SHAKSHUKA		Does contain Wheat		Does contain			Does contain							Does contain
SHAKSHUKA - ADD CHORIZO		Does contain Wheat		Does contain			Does contain							Does contain
SHAKSHUKA - ADD HALLOUMI		Does contain Wheat		Does contain			Does contain							Does contain
OMELETTE - MUSHROOM				Does contain			Does contain		Does Contain					Does contain
OMELETTE - SMOKED SALMON				Does contain	Does Contain		Does contain		Does Contain					Does contain
OMELETTE - PARMA HAM				Does contain			Does contain		Does Contain					Does contain
BUTTERMILK PANCAKES - STREAKY BACON		Does contain Wheat		Does contain			Does contain							Does Contain
BUTTERMILK PANCAKES - GREEK YOGHURT		Does contain Wheat, Oats, Barley		Does contain			Does contain							Does Contain
FULL VEGANO		Does contain Wheat												
FULL ENGLISH		Does contain Wheat		Does contain			Does Contain							Does contain

MAINS	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphites
FISH & CHIPS		Does contain Wheat		Does contain	Does contain				Does contain					Does contain
FISH & CHIPS - GF				Does contain	Does contain				Does contain					Does contain
SAUSAGE & MASH	Does contain	Does contain Wheat					Does Contain							Does contain
GRILLED HADDOCK		Does contain Wheat			Does contain		Does Contain							Does contain
GRILLED HADDOCK - GF					Does contain		Does contain							Does contain
CHEESE & ONION PIE		Does contain Wheat					Does contain							
CHICKEN & CHORIZO POT PIE		Does contain Wheat		Does contain			Does contain							Does contain
SWEET POTATO & LENTIL TAGINE	Does contain	Does contain Wheat								Does contain Almonds				

GRILL	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphites
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STEAK & BONE MARROW BURGER	Does contain	Does contain Wheat		Does contain			Does contain		Does contain				Does contain	Does contain
10oz GAMMON STEAK				Does contain					Does contain					Does contain
CHICKEN MILANESE BURGER		Does Contain Wheat		Does contain			Does contain		Does contain					Does contain
7OZ FILLET STEAK							Does contain							Does contain
MINUTE STEAK							Does contain		Does Contain					Does contain
LAMB & CHICKEN SHISH		Does contain Wheat, Barley		Does Contain					Does contain			Does Contain		Does contain
PORK GYROS		Does contain Wheat					Does contain		Does contain					Does contain
GARLIC PRAWNS			Does Contain				Does Contain							Does Contain
PEPPERCORN SAUCE							Does Contain							Does Contain
BLUE CHEESE SAUCE							Does Contain							
ONION RINGS		Does Contain Wheat												Does Contain
PASTA & SALAD														
FUNGHI FUSILLI		Does Contain Wheat					Does Contain							Does Contain
FUNGHI FUSILLI - GLUTEN FREE LENTIL							Does Contain							Does Contain
ADD GRILLED CHICKEN														
KING PRAWN, SQUID & CHORIZO SPAGHETTI		Does contain Wheat	Does Contain	Does contain			Does contain	Does Contain						Does contain
LASAGNE		Does Contain Wheat		Does Contain			Does Contain							Does Contain
CHICKEN CAESAR SALAD		Does contain Wheat		Does contain	Does contain		Does contain		Does contain			Does contain		Does contain
SUPERFOOD SALAD	Does contain								Does contain	Does Contain Cashews				Does contain
ADD GRILLED CHICKEN														
ADD HALLOUMI	Does Contain						Does Contain						Does Contain	Does Contain
PIZZAS	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphites
MARGHERITA		Does Contain Wheat, Barley					Does Contain							
MARINARA D.O.C		Does Contain Wheat, Barley												
PEPPERONI		Does Contain Wheat, Barley					Does Contain						Does Contain	

PESTO & SPICE		Does Contain Wheat, Barley					Does Contain							
LET IT BRIE		Does Contain Wheat, Barley					Does Contain							
MILF		Does Contain Wheat, Barley					Does Contain			Does Contain Pine Nuts				
ANGRY PIG		Does Contain Wheat, Barley					Does Contain							Does Contain
HAIL TO THE EMPEROR		Does Contain Wheat, Barley		Does Contain	Does Contain		Does Contain						Does Contain	
TOPPING - NDUJA SAUSAGE														
TOPPING - PANCETTA														
TOPPING - PARMA HAM														
TOPPING - SALAMI														
TOPPING - CHICKEN														
TOPPING - CHORIZO														Does contain
TOPPING - PARMESAN				Does Contain			Does Contain							
TOPPING - VEGETARIAN PARMESAN							Does contain							
TOPPING - MUSHROOMS														
TOPPING - PEPPERS														

SIDES	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphites
CHUNKY CHIPS														Does contain
SEA SALT FRIES														
TRUFFLE & PARMESAN FRIES				Does contain			Does contain							
SEASONAL VEGETABLES	Does contain						Does contain							
GARDEN SALAD									Does contain					Does contain
GARLIC & CHILLI TENDERSTEM BROCCOLI							Does contain							
ONION RINGS		Does contain Wheat												

DESSERTS	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphites
LEMON POSSET		Does contain Wheat					Does contain							

ETON MESS				Does Contain			Does contain						Does Contain	
SYRUP SPONGE		Does Contain Wheat		Does contain			Does contain							
BROWNIE FUDGE SUNDAE				Does contain			Does contain			Does Contain Almonds			Does Contain	
CHOCOLATE & CARAMEL TRUFFLES							Does contain						Does contain	
AFFOGATO							Does contain						Does contain	
ICE CREAM - VANILLA				Does Contain			Does Contain							
ICE CREAM - CHOCOLATE				Does Contain			Does Contain							
ICE CREAM - STRAWBERRY				Does Contain			Does Contain							
ICE CREAM - SALTED CARAMEL				Does Contain			Does Contain						Does Contain	
SORBET - MANGO														
CHOCOLATE SAUCE							Does Contain						Does Contain	
RASPBERRY SAUCE														
TOFFEE SAUCE							Does Contain							

SUNDAY ROAST	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphites
BEEF		Does Contain Wheat		Does Contain			Does Contain							Does Contain
CHICKEN SUPREME		Does Contain Wheat		Does Contain			Does Contain							Does Contain
VEGETARIAN ROAST		Does contain Wheat, Oats		Does contain			Does contain							
CAULIFLOWER CHEESE	Does contain	Does Contain Wheat					Does Contain		Does Contain					
PIGS IN BLANKETS		Does Contain Wheat												Does Contain

BREAKFAST	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphites
EGGS BENEDICT		Does Contain Wheat		Does Contain			Does Contain						Does Contain	Does Contain
EGGS BENEDICT - GLUTEN FREE				Does Contain			Does Contain						Does Contain	Does Contain
EGGS ROYALE		Does Contain Wheat		Does Contain	Does Contain		Does Contain						Does Contain	Does Contain
EGGS ROYALE - GLUTEN FREE					Does Contain								Does Contain	
EGGS FUNGHI		Does Contain Wheat		Does Contain			Does Contain						Does Contain	Does Contain

EGGS FUNGHI - GLUTEN FREE				Does Contain			Does Contain						Does Contain	Does Contain
AVOCADO & BACON BUN		Does Contain Wheat					Does Contain		Does Contain				Does Contain	Does Contain
AVOCADO & BACON BUN - GLUTEN FREE							Does Contain		Does Contain				Does Contain	Does Contain
SAUSAGE & HASH BROWN BUN		Does Contain Wheat, Barley & Rye		Does Contain			Does Contain						Does Contain	Does Contain
NO-PORK SAUSAGE & HASH BROWN BUN		Does Contain Wheat, Barley & Rye											Does Contain	
FULL ENGLISH		Does Contain Wheat & Barley		Does Contain			Does Contain							Does Contain
FULL ENGLISH - GLUTEN FREE				Does Contain			Does Contain							Does Contain
FULL VEGANO		Does Contain Wheat											Does Contain	
FULL VEGANO - GLUTEN FREE													Does Contain	
ADD FRIED EGG				Does Contain										
ADD SCRAMBLED EGGS				Does Contain			Does Contain							
ADD POACHED EGG				Does Contain										
ADD HASH BROWNS														
TOAST STACK - BUTTER		Does Contain Wheat					Does Contain							
TOAST STACK - JAM		Does Contain Wheat					Does Contain							
TOAST STACK - MARMALADE		Does Contain Wheat					Does Contain							
TOAST STACK - GLUTEN FREE							Does Contain							
GOLDEN SYRUP RAISIN GRANOLA		Does Contain Oats & Barley					Does Contain							
HOT DRINKS	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphites
ESPRESSO														
AMERICANO														
CAPPUCCINO							Does Contain						Does Contain	
FLAT WHITE							Does Contain							
LATTE							Does Contain							
MOCHA							Does Contain						Does Contain	
MACCHIATO							Does Contain							

