

NIBBLES

	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphites
MARINATED OLIVES														
CHORIZO IN CIDER														Does contain
KOREAN BBQ CHICKEN WINGS												Does contain	Does contain	Does contain
OYSTERS								Does contain						Does contain
LITTLE SAUSAGE ROLLS		Does contain Wheat, Barley, Rye		Does contain										Does contain
ARTISAN BREAD		Does contain Wheat					Does contain							

STARTERS

	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphites
SEASONAL SOUP - see specials matrix		Does contain Wheat					Does contain						Does contain	Does contain
HADDOCK GOUJONS		Does contain Wheat		Does contain	Does contain				Does contain					
BAKED GOATS CHEESE & CARMELISED ONIONS		Does contain Wheat					Does contain							Does contain
BAKED GOATS CHEESE & CARMELISED ONIONS - GLUTEN FREE							Does contain							Does contain
SALT & PEPPER SQUID		Does contain Wheat		Does contain				Does contain	Does contain					
QUEENIE SCALLOPS		Does contain Wheat					Does contain	Does contain						
CHRIS NEVE'S SMOKED SALMON		Does contain Wheat, Barley		Does contain	Does contain		Does contain		Does contain					Does contain
KOREAN FRIED CHICKEN			Does contain		Does contain							Does contain	Does contain	Does contain
KOREAN FRIED PRAWNS			Does contain		Does contain							Does contain	Does contain	Does contain
KOREAN BBQ RIBS - CHILLI, SPRING ONION & SESAME												Does contain	Does contain	Does contain
BBQ RIBS - ORANGE & ROSEMARY GLAZE									Does contain			Does contain		
KIMCHI FRITTERS		Does contain Wheat							Does contain				Does contain	Does contain
VIETNAMESE CHICKEN SKEWERS		Does contain Wheat						Does contain					Does contain	
DEEP FRIED BRIE		Does contain Wheat		Does contain			Does contain							Does contain
CRAB PATE	Does contain	Does contain Wheat	Does contain	Does contain	Does contain		Does contain		Does contain					Does contain
CHORIZO SCOTCH EGG WITH PESTO		Does contain Wheat		Does contain					Does contain					Does contain
PRAWN COCKTAIL	Does contain	Does contain Wheat, Barley	Does contain	Does contain	Does contain				Does contain					Does contain
GOCHUJANG PORK BELLY												Does contain	Does contain	Does contain
COURGETTE & CARROT FRITTERS		Does contain Wheat												
DEVILLED LIVERS		Does contain Wheat					Does contain		Does contain					Does contain
LAMB KOFTAS		Does contain Wheat					Does contain							
CHICKEN LIVER PARFAIT		Does contain Wheat, Barley					Does contain		Does contain				Does contain	Does contain

LIGHT BITES

	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphites
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PRAWN FUSILLI ARRABIATTA		Does contain Wheat	Does contain											Does contain
PRAWN FUSILLI ARRABIATTA - GLUTEN FREE			Does contain											Does contain
SEAFOOD SKEWER			Does contain	Does contain		Does contain			Does contain Almonds			Does contain		Does contain
SMOKED CHEESE TART		Does contain Wheat		Does contain		Does contain		Does contain	Does contain Walnuts					Does contain
PORK BELLY	Does contain	Does contain Wheat		Does contain		Does contain								Does contain
CHEESE & ONION PIE		Does contain Wheat				Does contain								
SMALL BATTERED HADDOCK		Does contain Wheat		Does contain	Does contain				Does contain					Does contain
LARGE BATTERED HADDOCK		Does contain Wheat		Does contain	Does contain				Does contain					Does contain
BATTERED HADDOCK - GLUTEN FREE				Does contain	Does contain				Does contain					Does contain
SAUSAGE & MASH	Does contain	Does contain Wheat				Does contain								Does contain
BRAISED BEEF	Does contain	Does contain Wheat		Does contain	Does contain	Does contain		Does contain	Does contain					Does contain
FISH PIE		Does contain Wheat	Does contain		Does contain	Does contain		Does contain						Does contain
KOREAN FRIED BUTTERMILK CHICKEN BURGER		Does contain Wheat		Does contain		Does contain		Does contain				Does contain	Does contain	Does contain
SMOKED HADDOCK WITH BUBBLE & SQUEAK				Does contain	Does contain	Does contain		Does contain						Does contain

GRILL

	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphites
STEAK & BONE MARROW BURGER	Does contain	Does contain Wheat		Does contain			Does contain		Does contain				Does contain	Does contain
GAMMON STEAK	Does contain			Does contain					Does contain					Does contain
RIB EYE STEAK							Does contain							Does contain
7OZ FILLET STEAK							Does contain							Does contain
PEPPERED TUNA					Does contain		Does contain							Does contain
PEPPERCORN JUS	Does contain						Does contain							Does contain
BLUE CHEESE SAUCE							Does contain							
ONION RINGS		Does contain Wheat												
GARLIC & CHILLI PRAWNS			Does contain				Does contain							

SIDES

	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphites
CHUNKY CHIPS SIDE														Does contain
SEA SALT FRIES														
MASH							Does contain							
CHEESE MASH							Does contain							
TRUFFLE & PARMESAN FRIES				Does contain			Does contain							
SEASONAL VEGETABLES							Does contain							
GARDEN SALAD									Does contain					Does contain

CAULIFLOWER CHEESE	Does contain	Does contain Wheat					Does contain							
PIGS IN BLANKETS		Does contain Wheat												Does contain

KIDS MENU	CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME	SOYA	SULPHITES
KIDS TOMATO AND BASIL FUSILLI		Does Contain Wheat												
KIDS TOMATO AND BASIL - LENTIL PASTA														
KIDS FISH GOUJONS		Does Contain Wheat & Barley		Does Contain	Does Contain				Does Contain					Does Contain
KIDS GRILLED PORK SAUSAGE	Does Contain	Does Contain Wheat												Does Contain
KIDS GRILLED NO PORK SAUSAGE GLUTEN FREE													Does Contain	
KIDS ROAST BEEF	Does Contain	Does Contain Wheat		Does Contain			Does Contain							Does Contain
GLUTEN FREE - KIDS ROAST BEEF	Does Contain													Does Contain
KIDS ROAST CHICKEN BREAST	Does Contain	Does Contain Wheat		Does Contain			Does Contain							Does Contain
GLUTEN FREE - KIDS ROAST CHICKEN BREAST	Does Contain													Does Contain
KIDS - CHUNKY CHIPS														
KIDS MASHED POTATO							Does Contain							
KIDS GEM LETTUCE AND TOMATO SALAD									Does Contain					Does Contain
GARLIC ROASTED NEW POTATOES														
ADD 2 HASHBROWNS														
KIDS BAKED BEANS														
KIDS CHOCOLATE BROWNIE - CHOCOLATE SAUCE		Does Contain Wheat		Does Contain			Does Contain						Does Contain	
KIDS BUTTERMILK PANCAKES with CHOCOLATE SAUCE		Does Contain Wheat		Does Contain									Does Contain	
KIDS - GARLIC BREAD		Does Contain Wheat					Does Contain							
KIDS VEGETABLE STICKS												Does Contain		
KIDS BEEF BURGER	Does Contain	Does Contain Wheat					Does Contain						Does Contain	
KIDS BEEF BURGER - GLUTEN FREE	Does Contain													
KIDS CHICKEN BURGER	Does Contain	Does Contain Wheat											Does Contain	
KIDS CHICKEN BURGER - GLUTEN FREE	Does Contain													

BREAKFAST MENU	CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME	SOYA	SULPHITES
OMELETTE		Does Contain Wheat		Does Contain			Does Contain							
SMOKED SALMON		Does Contain Wheat		Does Contain	Does Contain		Does Contain						Does Contain	
BREAKFAST MUFFIN - EGGS		Does Contain Wheat		Does Contain			Does Contain						Does Contain	
BREAKFAST MUFFIN - SAUSAGE		Does Contain Wheat					Does Contain						Does Contain	Does Contain
BREAKFAST MUFFIN - BACON		Does Contain Wheat					Does Contain						Does Contain	

AVOCADO & POACHED EGGS		Does Contain Wheat		Does Contain									Does Contain	Does Contain
EGGS BENEDICT - SALMON		Does Contain Wheat		Does Contain	Does Contain		Does Contain						Does Contain	Does Contain
EGGS BENEDICT - BACON		Does Contain Wheat		Does Contain			Does Contain						Does Contain	Does Contain
EGGS BENEDICT - SPINACH		Does Contain Wheat		Does Contain			Does Contain						Does Contain	Does Contain
FULL ENGLISH		Does Contain Wheat & Barley		Does Contain									Does Contain	Does Contain
FULL VEGGIE BREAKFAST		Does Contain Wheat		Does Contain									Does Contain	Does Contain

HOT DRINKS	CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME	SOYA	SULPHITES
ESPRESSO														
AMERICANO														
CAPPUCCINO							Does Contain						Does Contain	
FLAT WHITE							Does Contain							
LATTE							Does Contain							
MOCHA							Does Contain						Does Contain	
MACCHIATO							Does Contain							
HOT CHOCOLATE							Does Contain							
BAKEWELL LATTE							Does Contain							
BAKEWELL LATTE - NON ALCOHOLIC							Does Contain							
BAILEYS LATTE							Does Contain							
BAILEYS HOT CHOCOLATE							Does Contain							
BLACK FOREST HOT CHOCOLATE							Does Contain							
BLACK FOREST HOT CHOCOLATE - NON ALCOHOLIC							Does Contain							
MILKSHAKE - CHOCOLATE							Does Contain							
MILKSHAKE - STRAWBERRY							Does Contain							
TEA - ENGLISH BREAKFAST							Does Contain							
TEA - EARL GREY							Does Contain							
TEA - PEPPERMINT														
TEA - SUPERFRUIT														
TEA - GREEN														
OAT MILK		Does Contain Oats												
SOYA MILK													Does Contain	

SET LUNCH MENU

STARTERS	CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME	SOYA	SULPHITES
SEASONAL SOUP - SEE SPECIALS MATRIX														
BANG BANG CHICKEN											Does Contain	Does Contain	Does Contain	Does Contain
CHEESE FRITTERS				Does Contain			Does Contain		Does Contain					Does Contain
DEVILLED WHITEBAIT		Does Contain Wheat		Does Contain	Does Contain				Does Contain					Does Contain
GARLIC MUSHROOMS		Does Contain Wheat					Does Contain							
MAINS	CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME	SOYA	SULPHITES
FRITTO MISTO		Does Contain Wheat & Barley	Does Contain	Does Contain	Does Contain				Does Contain					Does Contain
CHICKEN & TARRAGON CREAM							Does Contain							
MINI POT PIE		Does Contain Wheat		Does Contain			Does Contain		Does Contain					Does Contain
PARMESAN & PEA RISOTTO	Does Contain			Does Contain			Does Contain			Does Contain Pine Nuts				Does Contain
MINI GAMMON & EGGS				Does Contain										Does Contain
DESSERTS	CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME	SOYA	SULPHITES
SYRUP SPONGE		Does Contain Wheat		Does Contain			Does Contain							
PANNA COTTA							Does Contain							Does Contain
ICE CREAM - VANILLA				Does Contain			Does Contain							
ICE CREAM - CHOCOLATE				Does Contain			Does Contain							
ICE CREAM - STRAWBERRY				Does Contain			Does Contain							
ICE CREAM - SALTED CARAMEL				Does Contain			Does Contain						Does Contain	
SORBET - MANGO														
CHOCOLATE SAUCE							Does Contain						Does Contain	
RASPBERRY SAUCE														
TOFFEE SAUCE							Does Contain							