HESKETH MAY 24 ALLERGEN MATRIX

| NibBLES | Celery | CEREALS CONTAINING GLUTEN | CRUSTACEANS | EGGS | FISH | LUPIN | MILK | Molluscs | MUSTARD | NuTS | PEANUTS | SESAME | SOVA | SULPHITES |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| FRUITS DE MER |  | Does Contain Wheat | Does Contain | Does Contain | Does Contain |  |  | Does Contain |  |  |  |  |  | Does Contain |
| ARTISAN BREAD - SEE SPECIALS MATRIX |  | Does Contain Wheat |  |  |  |  | Does Contain |  |  |  |  |  |  |  |
| marinated olives |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| LTTLL SAUSAGE ROLLS |  | Does Contain Wheat, Barley \& Rye |  | Does Contain |  |  |  |  |  |  |  |  |  | Does Contain |
| KOREAN CHICKEN WINGS | Does Contain |  |  |  |  |  |  |  |  |  |  | Does Contain | Does Contain |  |
| GARLIC CIABATTA |  | Does Contain Wheat |  |  |  |  | Does Contain |  |  |  |  |  | Does Contain |  |
| GARLIC CIABATTA - CHEESE |  | Does Contain Wheat |  |  |  |  | Does Contain |  |  |  |  |  | Does Contain |  |
| Starters | CELERY | CEREALS CONTAINING GLUten | CRUSTACEANS | EGGS | FISH | LUPIN | MLLK | Moluscs | MUSTARD | NuTS | PEANUTS | SESAME | SOYA | SULPHITES |
| SOUP OF THE DAY - SEE SPECIALS MATRIX |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| HADDOCK GOUJONS |  | Does Contain Wheat \& Barley |  | Does Contain | Does Contain |  |  |  | Does Contain |  |  |  | Does Contain | Does Contain |
| Crab pate | Does Contain | Does Contain | Does Contain | Does Contain | Does Contain |  | Does Contain |  | Does Contain |  |  |  |  | Does Contain |
| QUEENIE SCALLOPS |  | Does Contain Wheat |  |  |  |  | Does Contain | Does Contain |  |  |  |  |  |  |
| DEEP FRIED BRIE |  | Does Contain Wheat |  | Does Contain |  |  | Does Contain |  |  |  |  |  | Does Contain | Does Contain |
| KIMCHI FRITIERS |  | Does Contain Wheat |  |  |  |  |  |  | Does Contain |  |  |  | Does Contain | Does Contain |
| BURY BLACK PUDDING | Does Contain | Does Contain Wheat, Oats \& Barley |  | Does Contain |  |  | Does Contain |  |  |  |  |  |  | Does Contain |
| DUCK SPRING ROLIS |  | Does Contain Wheat |  | Does Contain |  |  | Does Contain |  |  |  | Does Contain | Does Contain | Does Contain |  |
| TANDOORI CHICKEN SKEWERS |  | Does Contain Wheat |  |  |  |  | Does Contain |  |  |  |  |  |  | Does Contain |
| LIGHT BITES | CELERY | CEREALS CONTAINING GLUTEN | CRUSTACEANS | EGGS | FISH | LUPIN | MLLK | Moluscs | MUSTARD | NUTS | PEANUTS | SESAME | SOYA | SULPHITES |
| PLOUGHMANS |  | Does Contain Wheat |  | Does Contain |  |  | Does Contain |  | Does Contain |  |  |  |  | Does Contain |
| CURRIED CHICKEN MAYO SANDWICH | Does Contain | Does Contain Wheat |  | Does Contain |  |  |  |  | Does Contain | Does Contain <br> Almonds |  |  |  | Does Contain |
| F.L.T. FISH FINGER SANDWICH |  | Does Contain Wheat |  | Does Contain | Does Contain |  | Does Contain |  |  |  |  |  | Does Contain | Does Contain |
| HESKETH BENEDICT |  | Does Contain Wheat |  | Does Contain |  |  | Does Contain |  | Does Contain |  |  |  |  |  |
| GRILLED HADDOCK | Does Contain | Does Contain Wheat |  |  | Does Contain |  | Does Contain |  |  |  |  |  | Does Contain |  |
| HAM \& CHEESE OMELETTE |  |  |  | Does Contain |  |  | Does Contain |  | Does Contain |  |  |  | Does Contain | Does Contain |
| FISH CAKES |  | Does Contain Wheat |  | Does Contain | Does Contain |  |  |  | Does Contain |  |  |  | Does Contain | Does Contain |
| MAINS | CELERY | CEREALS CONTAINING GLUTEN | CRUSTACEANS | EGGS | FISH | LUPIN | MLLK | Moluscs | MUSTARD | NUTS | PEANUTS | SESAME | SOYA | SULPHITES |
| BATTERED HADDOCK |  | Does Contain Wheat \& Barley |  | Does Contain | Does Contain |  |  |  | Does Contain |  |  |  | Does Contain | Does Contain |
| FISH PIE |  | Does Contain Wheat | Does Contain |  | Does Contain |  | Does Contain |  |  |  |  |  | Does Contain | Does Contain |


| STEAK PIE | Does Contain | Does Contain Wheat, Barley \& Rye |  |  | Does Contain |  | Does Contain |  |  |  |  |  | Does Contain | Does Contain |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| SMOKED HADDOCK RISOTTO | Does Contain |  |  | Does Contain | Does Contain |  | Does Contain |  |  |  |  |  |  | Does Contain |
| KOREAN FRIED CHICKEN BURGER |  | Does Contain Wheat |  | Does Contain |  |  | Does Contain |  |  |  |  | Does Contain | Does Contain |  |
| CRISPY CHILI CHICKEN |  | Does Contain Wheat | Does Contain |  |  |  |  |  |  |  |  |  | Does Contain |  |
| IMAM BAYILD | Does Contain |  |  |  |  |  | Does Contain |  |  | Does Contain <br> Almonds |  |  | Does Contain | Does Contain |
| WHOLETAIL SCAMPI |  | Does Contain Wheat, Oats | Does Contain | Does Contain |  |  | Does Contain |  | Does Contain |  |  |  |  |  |
| beef lasagne |  | Does Contain Wheat |  | Does Contain |  |  | Does Contain |  |  |  |  |  |  | Does Contain |
| GRILL | CELERY | CEREALS CONTAINING GLUTEN | CRUSTACEANS | EGGS | FISH | LUPIN | MLLK | Molluscs | MUSTARD | NuTS | PEANUTS | SESAME | SOYA | SULPHITES |
| STEAK \& BONE MARROW BURGER | Does Contain | Does Contain Wheat \& Barley |  | Does Contain |  |  | Does Contain |  | Does Contain |  |  |  | Does Contain | Does Contain |
| HESKETH GAMMON STEAK | Does Contain |  |  | Does Contain |  |  |  |  |  |  |  |  | Does Contain | Does Contain |
| RIB EYE STEAK |  |  |  |  |  |  | Does Contain |  |  |  |  |  | Does Contain |  |
| fllet steak |  |  |  |  |  |  | Does Contain |  |  |  |  |  | Does Contain |  |
| SIDES | CELERY | CEREALS CONTAINING GLUTEN | CRUSTACEANS | eggs | FISH | LUPIN | MLL | Molusscs | MUSTARD | NuTS | PEANUTS | SESAME | SOYA | SULPHITES |
| ONION RINGS |  | Does Contain Wheat |  |  |  |  |  |  |  |  |  |  | Does Contain |  |
| PEPPERCORN SAUCE | Does Contain |  |  |  |  |  | Does Contain |  |  |  |  |  |  | Does Contain |
| blue cheese sauce |  |  |  |  |  |  | Does Contain |  |  |  |  |  |  |  |
| GARLIC \& CHILLI PRAWNS |  |  | Does Contain |  |  |  | Does Contain |  |  |  |  |  |  |  |
| CHIPS |  |  |  |  |  |  |  |  |  |  |  |  | Does Contain |  |
| SEA SALT FRIES |  |  |  |  |  |  |  |  |  |  |  |  | Does Contain |  |
| TRUFLLE \& PARMESAN FRIES |  |  |  |  |  |  | Does Contain |  |  |  |  |  | Does Contain |  |
| SEASONAL VEGETABLES | Does Contain |  |  |  |  |  | Does Contain |  |  |  |  |  |  |  |
| GARDEN SALAD |  |  |  |  |  |  |  |  | Does Contain |  |  |  |  | Does Contain |
| TENDERSTEM BROCCOL |  |  |  |  |  |  | Does Contain |  |  |  |  |  |  |  |
| DESSERTS | CELERY | CEREALS CONTAINING GLUTEN | CRUSTACEANS | EGGS | FISH | LUPIN | MLL | Molluscs | MUSTARD | NUTS | PEANUTS | SESAME | SOYA | SULPHITES |
| chocolate brownie |  | Does Contain Wheat |  | Does Contain |  |  | Does Contain |  |  |  |  |  | Does Contain |  |
| BAKED CHEESECAKE |  | Does Contain Wheat |  | Does Contain |  |  | Does Contain |  |  |  |  |  |  |  |
| STICKY TOFFEE PUDDING |  | Does Contain Wheat |  | Does Contain |  |  | Does Contain |  |  |  |  |  | Does Contain | Does Contain |
| CHOCOLATE \& CARAMEL TRUFFLES |  |  |  |  |  |  | Does Contain |  |  |  |  |  | Does Contain |  |
| SYRUP SPONGE |  | Does Contain Wheat |  | Does Contain |  |  | Does Contain |  |  |  |  |  |  |  |
| SEASONAL CRUMBLE |  | Does Contain Wheat |  | Does Contain |  |  | Does Contain |  |  |  |  |  |  |  |
| afFogato |  |  |  | Does Contain |  |  | Does Contain |  |  |  |  |  |  |  |


| PEDRO XIMENEZ |  |  |  | Does Contain |  |  |  |  |  |  |  |  |  | Does Contain |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| ICE CREAM - VANILLA |  |  |  | Does Contain |  |  | Does Contain |  |  |  |  |  |  |  |
| ICE CREAM - Chocolate |  |  |  | Does Contain |  |  | Does Contain |  |  |  |  |  |  |  |
| ICE CREAM - Strawberry |  |  |  | Does Contain |  |  | Does Contain |  |  |  |  |  |  |  |
| ICE CREAM - SALTED CARAMEL |  |  |  | Does Contain |  |  | Does Contain |  |  |  |  |  | Does Contain |  |
| SORBET- MANGO |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Chocolate sauce |  |  |  |  |  |  | Does Contain |  |  |  |  |  | Does Contain |  |
| RASPBERRY SAUCE |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| TOFFEE SAUCE |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| CHEESE SELECTION |  | Does Contain Wheat |  |  |  |  | Does Contain |  |  |  |  |  |  | Does Contain |
| SUNDAY MENU | CELERY | CEREALS CONTAINING GLUTEN | CRUSTACEANS | EGGS | FISH | LUPIN | MILK | MOLLUSCS | MUSTARD | NUTS | PEANUTS | SESAME | SOYA | SULPHITES |
| SOUP OF THE DAY - SEE SPECIALS MATRIX |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| HADDOCK GOUJONS |  | Does Contain Wheat \& Barley |  | Does Contain | Does Contain |  |  |  | Does Contain |  |  |  | Does Contain | Does Contain |
| TANDOORI CHICKEN SKEWERS |  | Does Contain Wheat |  |  |  |  | Does Contain |  |  |  |  |  |  | Does Contain |
| KIMCHI FRITERS |  | Does Contain Wheat |  |  |  |  |  |  | Does Contain |  |  |  | Does Contain | Does Contain |
| DEEP FRIED BRIE |  | Does Contain Wheat |  | Does Contain |  |  | Does Contain |  |  |  |  |  | Does Contain | Does Contain |
| CHICKEN SUPREME | Does Contain | Does Contain Wheat |  | Does Contain |  |  | Does Contain |  |  |  |  |  |  | Does Contain |
| PORK LOIN | Does Contain | Does Contain Wheat |  | Does Contain |  |  | Does Contain |  |  |  |  |  |  | Does Contain |
| LEG OF LAMB | Does Contain | Does Contain Wheat |  | Does Contain |  |  | Does Contain |  |  |  |  |  |  | Does Contain |
| BEEF RUMP | Does Contain | Does Contain Wheat |  | Does Contain |  |  | Does Contain |  | Does Contain |  |  |  |  | Does Contain |
| SALMON FILLET |  | Does Contain |  |  | Does Contain |  | Does Contain |  |  |  |  |  |  | Does Contain |
| PIGS In Blankets |  | Does Contain Wheat |  |  |  |  |  |  |  |  |  |  |  | Does Contain |
| CAULIFLOWER CHEESE |  | Does Contain Wheat |  |  |  |  | Does Contain |  | Does Contain |  |  |  |  |  |
| Chocolate brownie |  | Does Contain Wheat |  | Does Contain |  |  | Does Contain |  |  |  |  |  | Does Contain |  |
| APPLE \& BLACKBERRY CRUMBLE |  | Does Contain Wheat |  | Does Contain |  |  | Does Contain |  |  |  |  |  |  |  |
| ICE CREAM - Vanilla |  |  |  | Does Contain |  |  | Does Contain |  |  |  |  |  |  |  |
| ICE CREAM - CHOCOLATE |  |  |  | Does Contain |  |  | Does Contain |  |  |  |  |  |  |  |
| ICE CREAM - STRAWBERRY |  |  |  | Does Contain |  |  | Does Contain |  |  |  |  |  |  |  |
| ICE CREAM - SALTED CARAMEL |  |  |  | Does Contain |  |  | Does Contain |  |  |  |  |  | Does Contain |  |
| SORBET - MANGO |  |  |  |  |  |  |  |  |  |  |  |  |  |  |



| ноt drinks | CELERY | CEREALS CONTAINING GLUten | CRUSTACEANS | EGGS | FISH | LUPIN | MILK | MOLLUSCS | MUSTARD | NUTS | PEANUTS | SESAME | SOYA | SULPHITES |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| ESPRESSO |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| americano |  |  |  |  |  |  |  |  |  |  |  |  |  |  |



