NIBBLES														
	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphites
MARINATED OLIVES														
CHORIZO IN CIDER														Does contain
KOREAN BBQ CHICKEN WINGS												Does contain	Does contain	Does contain
OYSTERS								Does contain						Does contain
LITTLE SAUSAGE ROLLS		Does contain Wheat, Barley, Rye		Does contain										Does contain
ARTISAN BREAD				Does contain			Does contain							Does contain
STARTERS		Does contain Wheat	1				Does contain		1					1
				_										<u> </u>
	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphites
SEASONAL SOUP - see specials matrix		Does contain Wheat					Does contain						Does contain	Does contain
HADDOCK GOUJONS		Does contain Wheat		Does contain	Does contain				Does contain					
BAKED GOATS CHEESE & CARAMELISED ONIONS		Does contain Wheat					Does contain							Does contain
BAKED GOATS CHEESE & CARAMELISED ONIONS - GLUTEN FREE							Does contain							Does contain
SALT & PEPPER SQUID		Does contain Wheat		Does contain				Does contain	Does contain					
QUEENIE SCALLOPS		Does contain Wheat					Does contain	Does contain						
CHRIS NEVE'S SMOKED SALMON		Does contain Wheat, Barley		Does contain	Does contain		Does contain		Does contain					Does contain
KOREAN FRIED CHICKEN			Does contain		Does contain							Does contain	Does contain	Does contain
KOREAN FRIED PRAWNS			Does contain		Does contain							Does contain	Does contain	Does contain
KOREAN BBQ RIBS - CHILLI, SPRING ONION & SESAME												Does contain	Does contain	Does contain
BBQ RIBS - ORANGE & ROSEMARY GLAZE									Does contain			Does contain		
KIMCHI FRITTERS		Does contain Wheat							Does contain				Does contain	Does contain
VIETNAMESE CHICKEN SKEWERS		Does contain Wheat						Does contain	Does contain				Does contain	Does contain
DEEP FRIED BRIE		Does contain Wheat		Does contain			Does contain	Does contain					Does contain	Does contain
CRAB PATE	Does contain	Does contain Wheat	Does contain	Does contain	Does contain		Does contain		Does contain					Does contain
CHORIZO SCOTCH EGG WITH PESTO		Does contain Wheat		Does contain					Does contain					Does contain
PRAWN COCKTAIL	Does contain	Does contain Wheat, Barley	Does contain	Does contain	Does contain				Does contain					Does contain
GOCHUJANG PORK BELLY												Does contain	Does contain	Does contain
COURGETTE & CARROT FRITTERS		Does contain Wheat												
DEVILLED LIVERS		Does contain Wheat					Does contain		Does contain					Does contain
LAMB KOFTAS		Does contain Wheat					Does contain							
CHICKEN LIVER PARFAIT		Does contain Wheat, Barley					Does contain		Does contain				Does contain	Does contain
LIGHT BITES		,												
														.
	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphites

CLUB SANDWICH		Does contain Wheat		Does contain					Does contain					
F.L.T		Does contain Wheat		Does contain	Does contain				Does contain					
GRILLED HADDOCK		Does contain Wheat			Does contain		Does contain							Does contain
GRILLED HADDOCK - GLUTEN FREE	Does contain				Does contain		Does contain							Does contain
PERSIAN CHICKEN WRAP		Does contain Wheat					Does contain							
SINGAPORE VERMICELLI	Does contain		Does contain											
SMOKED SALMON OMELETTE				Does contain	Does contain		Does contain							Does contain
GARLIC MUSHROOMS ON TOAST		Does contain Wheat		Does contain			Does contain							Does contain
FISH CAKES		Does contain Wheat		Does contain	Does contain				Does contain					
SOFT CORN TACO - CHICKEN		Does Contain Wheat							Does Contain					Does Contain
SOFT CORN TACO - FISH		Does Contain Wheat		Does Contain	Does Contain				Does Contain					Does Contain
SOFT CORN TACO - CAULIFLOWER	Does Contain	Does Contain Wheat							Does Contain					Does Contain
EGGS BENEDICT - BACON		Does contain Wheat		Does contain			Does contain		Does contain					Does contain
VEGGIE MALAYSIAN CURRY		Does Contain Wheat					Does contain		Does contain					
VEGGIE GOAN CURRY		Does contain Wheat					Does contain		Does contain	Does contain Almonds				Does contain
CHICKEN & BACON SANDWICH		Does contain Wheat		Does contain					Does contain					Does contain
MAINS														
MAINS														
	Celenr	Careals Containing Glutan	Crustaceans	Faac	Eich	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Secome Seeds	Sova	Sulphites
	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphites
FRUITS DE MER	Celery	Does contain Wheat	Does contain	Eggs Does contain	Does contain	Lupin	Does contain	Does contain		Nuts	Peanuts		Soya	Sulphites
FRUITS DE MER MALAYSIAN SEAFOOD CURRY	Celery	Does contain Wheat Does Contain Wheat	Does contain Does contain		Does contain Does contain	Lupin	Does contain Does contain	Does contain Does contain	Does contain	Does contain	Peanuts	Sesame Seeds	Soya	
FRUITS DE MER MALAYSIAN SEAFOOD CURRY GOAN SEAFOOD CURRY	Celery	Does contain Wheat Does Contain Wheat Does contain Wheat	Does contain	Does contain	Does contain	Lupin	Does contain Does contain Does contain	Does contain			Peanuts		Soya	Does contain
FRUITS DE MER MALAYSIAN SEAFOOD CURRY GOAN SEAFOOD CURRY CHICKEN & HAM POT PIE		Does contain Wheat Does Contain Wheat	Does contain Does contain		Does contain Does contain	Lupin	Does contain Does contain Does contain Does contain	Does contain Does contain	Does contain	Does contain	Peanuts			Does contain Does contain
FRUITS DE MER MALAYSIAN SEAFOOD CURRY GOAN SEAFOOD CURRY CHICKEN & HAM POT PIE PERSIAN CHICKEN	Celery	Does contain Wheat Does Contain Wheat Does contain Wheat Does contain Wheat	Does contain Does contain	Does contain Does contain	Does contain Does contain	Lupin	Does contain Does contain Does contain Does contain Does contain	Does contain Does contain	Does contain	Does contain Almonds	Peanuts		Soya	Does contain Does contain Does contain
FRUITS DE MER MALAYSIAN SEAFOOD CURRY GOAN SEAFOOD CURRY CHICKEN & HAM POT PIE PERSIAN CHICKEN TORO PIE		Does contain Wheat	Does contain Does contain	Does contain	Does contain Does contain	Lupin	Does contain Does contain Does contain Does contain Does contain Does contain	Does contain Does contain	Does contain	Does contain Almonds	Peanuts			Does contain Does contain
FRUITS DE MER MALAYSIAN SEAFOOD CURRY GOAN SEAFOOD CURRY CHICKEN & HAM POT PIE PERSIAN CHICKEN TORO PIE MUSHROOM GNOCCHI		Does contain Wheat	Does contain Does contain	Does contain Does contain	Does contain Does contain	Lupin	Does contain Does contain Does contain Does contain Does contain Does contain Does contain	Does contain Does contain	Does contain	Does contain Almonds	Peanuts			Does contain Does contain Does contain Does contain
FRUITS DE MER MALAYSIAN SEAFOOD CURRY GOAN SEAFOOD CURRY CHICKEN & HAM POT PIE PERSIAN CHICKEN TORO PIE MUSHROOM GNOCCHI FUNGHI PASTA		Does contain Wheat	Does contain Does contain	Does contain Does contain	Does contain Does contain	Lupin	Does contain Does contain Does contain Does contain Does contain Does contain Does contain	Does contain Does contain	Does contain	Does contain Almonds	Peanuts			Does contain Does contain Does contain Does contain Does contain
FRUITS DE MER MALAYSIAN SEAFOOD CURRY GOAN SEAFOOD CURRY CHICKEN & HAM POT PIE PERSIAN CHICKEN TORO PIE MUSHROOM GNOCCHI FUNGHI PASTA FUNGHI PASTA - GLUTEN FREE		Does contain Wheat	Does contain Does contain	Does contain Does contain	Does contain Does contain	Lupin	Does contain Does contain Does contain Does contain Does contain Does contain Does contain Does contain Does contain	Does contain Does contain	Does contain	Does contain Almonds	Peanuts			Does contain Does contain Does contain Does contain Does contain Does contain
FRUITS DE MER MALAYSIAN SEAFOOD CURRY GOAN SEAFOOD CURRY CHICKEN & HAM POT PIE PERSIAN CHICKEN TORO PIE MUSHROOM GNOCCHI FUNGHI PASTA - GLUTEN FREE FUNGHI PASTA - GLUTEN FREE FUNGHI PASTA - ADD CHICKEN		Does contain Wheat	Does contain Does contain	Does contain Does contain	Does contain Does contain	Lupin	Does contain	Does contain Does contain	Does contain	Does contain Almonds	Peanuts			Does contain Does contain Does contain Does contain Does contain Does contain Does contain
FRUITS DE MER MALAYSIAN SEAFOOD CURRY GOAN SEAFOOD CURRY CHICKEN & HAM POT PIE PERSIAN CHICKEN TORO PIE MUSHROOM GNOCCHI FUNGHI PASTA FUNGHI PASTA - GLUTEN FREE FUNGHI PASTA - ADD CHICKEN FUNGHI PASTA - ADD CHICKEN - GLUTEN FREE		Does contain Wheat	Does contain Does contain	Does contain Does contain Does contain Does contain	Does contain Does contain		Does contain Does contain Does contain Does contain Does contain Does contain Does contain Does contain Does contain	Does contain Does contain	Does contain Does contain	Does contain Almonds	Peanuts	Does contain	Does contain	Does contain
FRUITS DE MER MALAYSIAN SEAFOOD CURRY GOAN SEAFOOD CURRY CHICKEN & HAM POT PIE PERSIAN CHICKEN TORO PIE MUSHROOM GNOCCHI FUNGHI PASTA - GLUTEN FREE FUNGHI PASTA - GLUTEN FREE FUNGHI PASTA - ADD CHICKEN FUNGHI PASTA - ADD CHICKEN - GLUTEN FREE CHICKEN KATSU		Does contain Wheat	Does contain Does contain	Does contain Does contain	Does contain Does contain	Lupin	Does contain	Does contain Does contain	Does contain	Does contain Almonds	Peanuts			Does contain Does contain Does contain Does contain Does contain Does contain Does contain
FRUITS DE MER MALAYSIAN SEAFOOD CURRY GOAN SEAFOOD CURRY CHICKEN & HAM POT PIE PERSIAN CHICKEN TORO PIE MUSHROOM GNOCCHI FUNGHI PASTA FUNGHI PASTA - GLUTEN FREE FUNGHI PASTA - GLUTEN FREE FUNGHI PASTA - ADD CHICKEN FUNGHI PASTA - ADD CHICKEN - GLUTEN FREE		Does contain Wheat	Does contain Does contain	Does contain Does contain Does contain Does contain	Does contain Does contain	Lupin	Does contain	Does contain Does contain	Does contain Does contain	Does contain Almonds Does contain Almonds	Peanuts	Does contain	Does contain	Does contain
FRUITS DE MER MALAYSIAN SEAFOOD CURRY GOAN SEAFOOD CURRY CHICKEN & HAM POT PIE PERSIAN CHICKEN TORO PIE MUSHROOM GNOCCHI FUNGHI PASTA - GLUTEN FREE FUNGHI PASTA - ADD CHICKEN FUNGHI PASTA - ADD CHICKEN - GLUTEN FREE CHICKEN KATSU	Does contain	Does contain Wheat Does contain	Does contain Does contain	Does contain Does contain Does contain Does contain	Does contain Does contain	Lupin	Does contain	Does contain Does contain	Does contain Does contain	Does contain Almonds Does contain Almonds Coes contain Does contain	Peanuts	Does contain	Does contain	Does contain
FRUITS DE MER MALAYSIAN SEAFOOD CURRY GOAN SEAFOOD CURRY CHICKEN & HAM POT PIE PERSIAN CHICKEN TORO PIE MUSHROOM GNOCCHI FUNGHI PASTA - GLUTEN FREE FUNGHI PASTA - GLUTEN FREE FUNGHI PASTA - ADD CHICKEN FUNGHI PASTA - ADD CHICKEN - GLUTEN FREE CHICKEN KATSU IMAM BAYILDI	Does contain	Does contain Wheat	Does contain Does contain	Does contain Does contain Does contain Does contain	Does contain Does contain	Lupin	Does contain	Does contain Does contain	Does contain Does contain	Does contain Almonds Does contain Almonds Coes contain Does contain	Peanuts	Does contain	Does contain	Does contain

							1			1				
PRAWN FUSILLI ARRABIATTA		Does contain Wheat	Does contain											Does contain
PRAWN FUSILLI ARRABIATTA - GLUTEN FREE			Does contain											Does contain
SEAFOOD SKEWER			Does contain		Does contain		Does contain			Does contain Almonds			Does contain	Does contain
SMOKED CHEESE TART		Does contain Wheat		Does contain			Does contain		Does contain	Does contain Walnuts				Does contain
PORK BELLY	Does contain	Does contain Wheat		Does contain			Does contain							Does contain
CHEESE & ONION PIE		Does contain Wheat					Does contain							
SMALL BATTERED HADDOCK		Does contain Wheat		Does contain	Does contain				Does contain					Does contain
LARGE BATTERED HADDOCK		Does contain Wheat		Does contain	Does contain				Does contain					Does contain
BATTERED HADDOCK - GLUTEN FREE				Does contain	Does contain				Does contain					Does contain
SAUSAGE & MASH	Does contain	Does contain Wheat					Does contain							Does contain
BRAISED BEEF	Does contain	Does contain Wheat		Does contain	Does contain		Does contain		Does contain					Does contain
FISH PIE		Does contain Wheat	Does contain		Does contain		Does contain							Does contain
KOREAN FRIED BUTTERMILK CHICKEN BURGER		Does contain Wheat		Does contain			Does contain		Does contain			Does contain	Does contain	Does contain
SMOKED HADDOCK WITH BUBBLE & SQUEAK				Does contain	Does contain		Does contain		Does contain					Does contain
GRILL														
	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphites
STEAK & BONE MARROW BURGER	Does contain	Does contain Wheat	crustaceans	Does contain	1131	Lupin	Does contain	Wondsta	Does contain	Nuts	i canats	Jesuine Jeeus	Does contain	Does contain
GAMMON STEAK	Does contain	bes contain wheat		Does contain					Does contain				Soci contain	Does contain
RIB EYE STEAK	Does contain			Docstontain			Does contain							Does contain
70Z FILLET STEAK							Does contain							Does contain
PEPPERED TUNA					Does contain		Does contain							Does contain
PEPPERCORN JUS	Does contain						Does contain							Does contain
BLUE CHEESE SAUCE	Does contain						Does contain							Does contain
ONION RINGS		Does contain Wheat												
GARLIC & CHILLI PRAWNS			Does contain				Does contain							
SIDES					•	•		•	•		•	•		
	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphites
CHUNKY CHIPS SIDE	Julicity	Sector Containing Oracen	Stastaccaris	-05'								- source secus		Does contain
SEA SALT FRIES														
MASH							Does contain							
CHEESE MASH							Does contain							
TRUFFLE & PARMESAN FRIES				Does contain			Does contain							
SEASONAL VEGETABLES							Does contain							
			1	1			2000 contain						1	
GARDEN SALAD									Does contain					Does contain

GARLIC & CHILLI TENDERSTEM BROCCOLI							Does contain							
GARLIC CIABTATTA		Does contain Wheat					Does contain							
GARLIC CIABATTA - CHEESE		Does contain Wheat					Does contain							
DESSERTS														
	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphites
AFFOGATO				Does contain			Does contain						Does contain	
CHOCOLATE & CARAMEL TRUFFLES							Does contain						Does contain	
APPLE & BLACKBERRY CRUMBLE		Does contain Wheat		Does contain			Does contain							
LEMON & GINGER CHEESECAKE		Does contain Wheat		Does contain			Does contain							
DARK CHOCOLATE FONDANT				Does contain			Does contain						Does contain	Does contain
SYRUP SPONGE		Does contain Wheat		Does contain			Does contain							
CHEESE SELECTION	Does contain	Does Contain Wheat					Does contain							Does contain
CHOCOLATE BROWNIE - CHOCOLATE SAUCE				Does contain			Does contain						Does contain	
STICKY TOFFEE PUDDING		Does contain Wheat		Does contain			Does contain						Does contain	Does contain
BAKED CHOCOLATE CHEESECAKE				Does contain			Does contain						Does contain	Does contain
ICE CREAM - VANILLA				Does Contain			Does Contain							
ICE CREAM - CHOCOLATE				Does Contain			Does Contain							
ICE CREAM - STRAWBERRY				Does Contain			Does Contain							
ICE CREAM - SALTED CARAMEL				Does Contain			Does Contain						Does Contain	
SORBET - MANGO														
CHOCOLATE SAUCE							Does Contain						Does Contain	
RASPBERRY SAUCE														
TOFFEE SAUCE							Does Contain							
SUNDAY ROAST														
	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphites
SUNDAY ROAST PORK LOIN	Does contain	Does contain Wheat		Does contain			Does contain							Does contain
SUNDAY PORCHETTA	Does contain	Does contain Wheat		Does contain			Does contain							Does contain
SUNDAY PORK BELLY	Does contain	Does contain Wheat		Does contain			Does contain							Does contain
SUNDAY TOPSIDE BEEF	Does contain	Does contain Wheat		Does contain			Does contain							Does contain
SUNDAY RUMP BEEF	Does contain	Does contain Wheat		Does contain			Does contain							Does contain
SUNDAY SIRLOIN BEEF	Does contain	Does contain Wheat		Does contain			Does contain							Does contain
SUNDAY CHICKEN SUPREME	Does contain	Does contain Wheat		Does contain			Does contain							Does contain
SUNDAY SALT BAKED BEETROOT WELLINGTON		Does contain Wheat												Does contain
PORK & SAGE STUFFING		Does contain Wheat												Does contain

CAULIFLOWER CHEESE	Does contain	Does contain Wheat					Does contain							
PIGS IN BLANKETS		Does contain Wheat												Does contain
KIDS MENU	CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	FGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME	SOYA	SULPHITES
	CLELIN		entopinteento			20111		moleoses	Incontrac		I EARO IS	SESTINE.		001111120
KIDS TOMATO AND BASIL FUSILLI		Does Contain Wheat												
KIDS TOMATO AND BASIL - LENTIL PASTA														
KIDS FISH GOUJONS		Does Contain Wheat & Barley		Does Contain	Does Contain				Does Contain					Does Contain
KIDS GRILLED PORK SAUSAGE	Does Contain	Does Contain Wheat												Does Contain
KIDS GRILLED NO PORK SAUSAGE GLUTEN FREE													Does Contain	
KIDS ROAST BEEF	Does Contain	Does Contain Wheat		Does Contain			Does Contain							Does Contain
				Does contain			Does contain							
GLUTEN FREE - KIDS ROAST BEEF	Does Contain													Does Contain
KIDS ROAST CHICKEN BREAST	Does Contain	Does Contain Wheat		Does Contain			Does Contain							Does Contain
GLUTEN FREE - KIDS ROAST CHICKEN BREAST	Does Contain													Does Contain
KIDS - CHUNKY CHIPS														
KIDS MASHED POTATO							Does Contain							
							Does contain							
KIDS GEM LETTUCE AND TOMATO SALAD									Does Contain					Does Contain
GARLIC ROASTED NEW POTATOES														
ADD 2 HASHBROWNS	-		-					-			-			ļ
KIDS BAKED BEANS														
KIDS CHOCOLATE BROWNIE - CHOCOLATE SAUCE		Dees Cantain Wheat		Dees Cantain			Dees Centain						Dees Contain	
		Does Contain Wheat		Does Contain			Does Contain						Does Contain	
KIDS BUTTERMILK PANCAKES with CHOCOLATE SAUCE		Does Contain Wheat		Does Contain									Does Contain	
KIDS - GARLIC BREAD		Does Contain Wheat					Does Contain							
KIDS VEGETABLE STICKS												Does Contain		
KIDS BEEF BURGER	Does Contain	Does Contain Wheat					Does Contain						Does Contain	
KIDS BEEF BURGER - GLUTEN FREE	Does Contain													
KIDS CHICKEN BURGER	Does Contain	Does Contain Wheat											Does Contain	
KIDS CHICKEN BURGER - GLUTEN FREE	Does Contain													

HOT DRINKS	CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME	SOYA	SULPHITES
ESPRESSO														
AMERICANO														
CAPPUCCINO							Does Contain						Does Contain	
FLAT WHITE							Does Contain							

					r	r		
LATTE				Does Contain				
мосна				Does Contain			Does Contain	
массніато				Does Contain				
HOT CHOCOLATE				Does Contain				
BAKEWELL LATTE				Does Contain				
BAKEWELL LATTE - NON ALCOHOLIC				Does Contain				
BAILEYS LATTE				Does Contain				
BAILEYS HOT CHOCOLATE				Does Contain				
BLACK FOREST HOT CHOCOLATE				Does Contain				
BLACK FOREST HOT CHOCOLATE				Does Contain				
MILKSHAKE - CHOCOLATE				Does Contain				
MILKSHAKE - STRAWBERRY				Does Contain				
TEA - ENGLISH BREAKFAST				Does Contain				
TEA - EARL GREY				Does Contain				
TEA - PEPPERMINT								
TEA - SUPERFRUIT								
TEA - GREEN								
OAT MILK	Does Contain Oats							
SOYA MILK							Does Contain	