

HESKETH JAN 24 ALLERGEN MATRIX

	CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME	SOYA	SULPHITES
NIBBLES														
FRUITS DE MER		Does Contain Wheat	Does Contain	Does Contain	Does Contain			Does Contain						Does Contain
ARTISAN BREAD - SEE SPECIALS MATRIX		Does Contain Wheat					Does Contain							
MARINATED OLIVES														
KOREAN CHICKEN WINGS	Does Contain											Does Contain	Does Contain	
GARLIC CIABATTA		Does Contain Wheat					Does Contain							
GARLIC CIABATTA - CHEESE		Does Contain Wheat					Does Contain							
STARTERS	CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME	SOYA	SULPHITES
SOUP OF THE DAY - SEE SPECIALS MATRIX														
HADDOCK GOUJONS		Does Contain Wheat & Barley		Does Contain	Does Contain				Does Contain					Does Contain
SMOKED SALMON		Does Contain Wheat		Does Contain	Does Contain		Does Contain							Does Contain
QUEENIE SCALLOPS		Does Contain Wheat					Does Contain	Does Contain						
BAKED GOATS CHEESE & CARAMELISED ONIONS		Does Contain Wheat, Oats, Barley & Rye					Does Contain							Does Contain
BAKED GOATS CHEESE & CARAMELISED ONIONS - GLUTEN FREE							Does Contain							Does Contain
DEEP FRIED BRIE		Does Contain Wheat		Does Contain			Does Contain							Does Contain
VIETNAMESE CHICKEN SKEWERS		Does Contain Wheat						Does Contain						Does Contain
CHICKEN LIVER PARFAIT		Does Contain Wheat & Barley					Does Contain						Does Contain	Does Contain
KIMCHI FRITTERS		Does Contain Wheat							Does Contain				Does Contain	Does Contain
BURY BLACK PUDDING		Does Contain Wheat & Barley		Does Contain			Does Contain		Does Contain					Does Contain
DUCK SPRING ROLLS		Does Contain Wheat		Does Contain			Does Contain				Does Contain	Does Contain	Does Contain	
LIGHT BITES	CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME	SOYA	SULPHITES
CHICKEN & BACON BLOOMER		Does Contain Wheat		Does Contain			Does Contain		Does Contain					Does Contain
HAM & MUSTARD BLOOMER		Does Contain Wheat					Does Contain		Does Contain					Does Contain
F.L.T. FISH FINGER SANDWICH		Does Contain Wheat		Does Contain	Does Contain		Does Contain							Does Contain
GARLIC MUSHROOMS		Does Contain Wheat		Does Contain			Does Contain							Does Contain
GRILLED HADDOCK	Does Contain	Does Contain Wheat			Does Contain		Does Contain							
HAM & CHEESE OMELETTE				Does Contain			Does Contain		Does Contain					Does Contain

SMOKED SALMON OMELETTE				Does Contain	Does Contain		Does Contain		Does Contain					Does Contain
PERSIAN CHICKEN WRAP		Does Contain Wheat					Does Contain							
FISH CAKES		Does Contain Wheat		Does Contain	Does Contain				Does Contain					Does Contain
MAINS	CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME	SOYA	SULPHITES
CHICKEN KATSU		Does Contain Wheat		Does Contain					Does Contain			Does Contain	Does Contain	
BATTERED HADDOCK		Does Contain Wheat & Barley		Does Contain	Does Contain				Does Contain					Does Contain
FISH PIE		Does Contain Wheat	Does Contain		Does Contain		Does Contain							Does Contain
STEAK PIE	Does Contain	Does Contain Wheat, Barley & Rye			Does Contain		Does Contain							Does Contain
SMOKED HADDOCK	Does Contain			Does Contain	Does Contain		Does Contain		Does Contain					Does Contain
KOREAN FRIED CHICKEN BURGER		Does Contain Wheat		Does Contain			Does Contain					Does Contain	Does Contain	
MALAYSIAN SEAFOOD CURRY		Does Contain Wheat	Does Contain		Does Contain		Does Contain		Does Contain					
FUSILLI ARRABIATA		Does Contain Wheat												Does Contain
FUSILLI ARRABIATA - ADD CHICKEN		Does Contain Wheat												Does Contain
FUSILLI ARRABIATA - ADD PRAWNS		Does Contain Wheat	Does Contain											Does Contain
FUSILLI ARRABIATA - GLUTEN FREE														Does Contain
FUNGI FUSILLI		Does Contain Wheat					Does Contain							Does Contain
FUNGI FUSILLI - ADD CHICKEN		Does Contain Wheat					Does Contain							Does Contain
FUNGI FUSILLI - GLUTEN FREE							Does Contain							Does Contain
CHICKEN & CHORIZO PASTA		Does Contain Wheat					Does Contain							Does Contain
CRISPY CHILLI CHICKEN		Does Contain Wheat	Does Contain										Does Contain	
IMAM BAYILDI	Does Contain									Does Contain Almonds			Does Contain	Does Contain
BRAISED BEEF	Does Contain	Does Contain Wheat		Does Contain	Does Contain		Does Contain		Does Contain					Does Contain
GRILL	CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME	SOYA	SULPHITES
STEAK & BONE MARROW BURGER	Does Contain	Does Contain Wheat & Barley		Does Contain			Does Contain		Does Contain				Does Contain	Does Contain
HESKETH GAMMON STEAK	Does Contain			Does Contain										Does Contain
RIB EYE STEAK							Does Contain							
FILLET STEAK							Does Contain							
SIDES	CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME	SOYA	SULPHITES
ONION RINGS		Does Contain Wheat												
PEPPERCORN SAUCE	Does Contain						Does Contain							Does Contain
BLUE CHEESE SAUCE							Does Contain							

GARLIC & CHILLI PRAWNS			Does Contain				Does Contain							
CHIPS														
SEA SALT FRIES														
TRUFFLE & PARMESAN FRIES							Does Contain							
SEASONAL VEGETABLES	Does Contain						Does Contain							
GARDEN SALAD									Does Contain					Does Contain
TENDERSTEM BROCCOLI							Does Contain							
DESSERTS	CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME	SOYA	SULPHITES
CHOCOLATE BROWNIE		Does Contain Wheat		Does Contain			Does Contain						Does Contain	
BAKED CHEESECAKE		Does Contain Wheat		Does Contain			Does Contain							
STICKY TOFFEE PUDDING		Does Contain Wheat		Does Contain			Does Contain						Does Contain	Does Contain
CHOCOLATE & CARAMEL TRUFFLES							Does Contain						Does Contain	
SYRUP SPONGE		Does Contain Wheat		Does Contain			Does Contain							
APPLE & BLACKBERRY CRUMBLE		Does Contain Wheat		Does Contain			Does Contain							
AFFOGATO				Does Contain			Does Contain							
PEDRO XIMENEZ				Does Contain										Does Contain
ICE CREAM - VANILLA				Does Contain			Does Contain							
ICE CREAM - CHOCOLATE				Does Contain			Does Contain							
ICE CREAM - STRAWBERRY				Does Contain			Does Contain							
ICE CREAM - SALTED CARAMEL				Does Contain			Does Contain						Does Contain	
SORBET - MANGO														
CHOCOLATE SAUCE							Does Contain						Does Contain	
RASPBERRY SAUCE														
TOFFEE SAUCE														
CHEESE SELECTION		Does Contain Wheat					Does Contain							Does Contain

SUNDAY MENU	CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME	SOYA	SULPHITES
SOUP OF THE DAY - SEE SPECIALS MATRIX														
HADDOCK GOUJONS		Does Contain Wheat & Barley		Does Contain	Does Contain				Does Contain					Does Contain
CHICKEN LIVER PARFAIT		Does Contain Wheat & Barley					Does Contain	Does Contain					Does Contain	Does Contain
KIMCHI FRITTERS		Does Contain Wheat							Does Contain				Does Contain	Does Contain

DEEP FRIED BRIE		Does Contain Wheat		Does Contain			Does Contain							Does Contain
CHICKEN SUPREME	Does Contain	Does Contain Wheat		Does Contain			Does Contain							Does Contain
PORK LOIN	Does Contain	Does Contain Wheat		Does Contain			Does Contain							Does Contain
LEG OF LAMB	Does Contain	Does Contain Wheat		Does Contain			Does Contain							Does Contain
BEEF RUMP	Does Contain	Does Contain Wheat		Does Contain			Does Contain		Does Contain					Does Contain
MARKET FISH		Does Contain			Does Contain		Does Contain							Does Contain
PIGS IN BLANKETS		Does Contain Wheat												Does Contain
CAULIFLOWER CHEESE		Does Contain Wheat					Does Contain		Does Contain					
CHOCOLATE BROWNIE		Does Contain Wheat		Does Contain			Does Contain						Does Contain	
APPLE & BLACKBERRY CRUMBLE		Does Contain Wheat		Does Contain			Does Contain							
ICE CREAM - VANILLA				Does Contain			Does Contain							
ICE CREAM - CHOCOLATE				Does Contain			Does Contain							
ICE CREAM - STRAWBERRY				Does Contain			Does Contain							
ICE CREAM - SALTED CARAMEL				Does Contain			Does Contain						Does Contain	
SORBET - MANGO														
CHOCOLATE SAUCE							Does Contain						Does Contain	
RASPBERRY SAUCE														
TOFFEE SAUCE														

KIDS MENU	CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME	SOYA	SULPHITES
KIDS TOMATO AND BASIL FUSILLI		Does Contain Wheat												
KIDS TOMATO AND BASIL - LENTIL PASTA														
KIDS FISH GOUJONS		Does Contain Wheat & Barley		Does Contain	Does Contain				Does Contain					Does Contain
KIDS GRILLED PORK SAUSAGE	Does Contain	Does Contain Wheat												Does Contain
KIDS GRILLED NO PORK SAUSAGE GLUTEN FREE													Does Contain	
KIDS ROAST BEEF	Does Contain	Does Contain Wheat		Does Contain			Does Contain							Does Contain
GLUTEN FREE - KIDS ROAST BEEF	Does Contain													Does Contain
KIDS ROAST CHICKEN BREAST	Does Contain	Does Contain Wheat		Does Contain			Does Contain							Does Contain
GLUTEN FREE - KIDS ROAST CHICKEN BREAST	Does Contain													Does Contain
KIDS - CHUNKY CHIPS														
KIDS MASHED POTATO							Does Contain							
KIDS GEM LETTUCE AND TOMATO SALAD									Does Contain					Does Contain

