







ALLERGENS TABLE

CORE ESTATE - WEDDING BREAKFAST MENU 2023

Starters	Allergens	Energy (kcal)	Energy (kJ)	Fat	Saturates	Carbohydrate	Sugars	Fibre	Protein	Salt
CORE ESTATE - WEDDING SET MENU 2023 - KING'S CURED SMOKED SALMON FISHCAKE WITH BEETROOT		365.53kcal	1,525.92kJ	21.80g	11.40g	30.01g	9.86g	3.25g	13.91g	1.91g
CORE ESTATE - WEDDING MENU 2023 - SMOKED MACKEREL PATE		432.71kcal	1,798.40kJ	25.97g	7.23g	31.83g	3.08g	0.47g	18.05g	3.21g
CORE ESTATE - WEDDING SET MENU 2023 - PORCINI MUSHROOM & TRUFFLE PARFAIT		346.20kcal	1,444.21kJ	9.93g	1.46g	52.58g	5.73g	0.76g	8.61g	1.95g
CORE ESTATE - WEDDING SET MENU 2023 - PORCINI MUSHROOM & TRUFFLE PARFAIT - GLUTEN FREE OPTION		134.70kcal	559.29kJ	11.98g	1.22g	11.18g	5.73g	0.76g	1.68g	0.91g
CORE ESTATE - WEDDING SET MENU 2023 - PROSCIUTTO & MOZZARELLA BURRATA		238.27kcal	995.40kJ	19.06g	3.88g	1.36g	0.46g	0.09g	14.77g	12.56g
CORE ESTATE - WEDDING SET MENU 2023 - PROSCIUTTO & MOZZARELLA BURRATA - GLUTEN FREE OPTION		237.11kcal	990.62kJ	18.96g	3.87g	1.31g	0.46g	0.09g	14.76g	3.08g
CORE ESTATE- WEDDING SET MENU 2023 - CHICKEN & PANCETTA TERRINE		395.11kcal	1,648.98kJ	21.99g	4.57g	32.50g	1.15g	0.17g	17.66g	1.59g
CORE ESTATE - WEDDING SET MENU 2023 - DEVONSHIRE CRAB BON BONS		297.11kcal	1,248.50kJ	7.09g	1.68g	42.45g	4.57g	2.41g	18.03g	3.38g

mains	Allergens	Energy (kcal)	Energy (kJ)	Fat	Saturates	Carbohydrate	Sugars	Fibre	Protein	Salt
CORE ESTATE - WEDDING SET MENU 2023 - SLOW BRAISED SHORT RIB OF BEEF		425.68kcal	1,782.32kJ	23.68g	8.63g	44.89g	9.99g	7.45g	10.32g	8.25g
CORE ESTATE - WEDDING SET MENU 2023 - BEETROOT BOURGUIGNON EN-CROUTE		560.51kcal	2,342.03kJ	33.47g	9.78g	57.11g	12.83g	8.44g	10.25g	3.36g
CORE ESTATE - WEDDING SET MENU 2023 - PORCHETTA		1,618.59kcal	6,746.59kJ	108.07g	37.33g	64.54g	18.29g	7.92g	99.58g	7.32g
CORE ESTATE - WEDDING SET MENU 2023 - SEABASS COOKED OVER COALS		502.80kcal	2,098.48kJ	30.13g	9.22g	14.96g	3.03g	2.59g	43.38g	4.39g
CORE ESTATE - WEDDING SET MENU 2023 - LAMB RACK		1,118.98kcal	4,647.64kJ	87.02g	37.03g	6.70g	2.13g	1.29g	77.85g	1.55g
CORE ESTATE - WEDDING SET MENU 2023 - PAN-ROASTED CORN-FED CHICKEN		494.17kcal	2,074.85kJ	15.96g	3.63g	30.68g	4.20g	3.21g	59.28g	2.89g

desserts	Allergens	Energy (kcal)	Energy (kJ)	Fat	Saturates	Carbohydrate	Sugars	Fibre	Protein	Salt
CORE ESTATE - WEDDING SET MENU 2023 - BROWN SUGAR PAVLOVA		320.98kcal	1,337.94kJ	20.25g	11.19g	30.25g	28.27g	0.00g	5.81g	0.16g
CORE ESTATE - WEDDING SET MENU 2023 - BAKED VANILLA CHEESECAKE		644.23kcal	2,683.20kJ	33.58g	19.25g	79.82g	67.97g	1.50g	8.35g	1.58g
CORE ESTATE - WEDDING SET MENU 2023 - STICKY TOFFEE PUDDING		501.95kcal	2,111.37kJ	20.24g	6.83g	77.26g	59.32g	0.74g	7.02g	1.37g
CORE ESTATE - WEDDING SET MENU 2023 - STICKY TOFFEE PUDDING - VEGAN OPTION		540.32kcal	2,269.48kJ	24.90g	9.91g	78.18g	52.78g	0.30g	5.21g	1.33g
CORE ESTATE - WEDDING SET MENU 2023 - MOLTEN CHOCOLATE PUDDING		702.93kcal	2,951.17kJ	34.34g	16.89g	93.11g	69.27g	0.20g	10.15g	0.86g
CORE ESTATE - WEDDING SET MENU 2023 - CREME BRULEE		542.92kcal	2,270.46kJ	25.51g	13.40g	66.97g	42.88g	1.00g	13.72g	0.34g