ALLERGENS TABLE

CORE ESTATE - CANAPES 2023

Reporting category 1	Allergens	Energy (kcal)	Energy (kJ)	Fat	Saturates	Carbohydrate	Sugars	Fibre	Protein	Salt
CORE ESTATE - CANAPES 2023 - LAMB KOFTAS		13.10kcal	54.09kJ	0.90g	0.55g	0.68g	0.52g	0.04g	0.62g	0.02g
CORE ESTATE - CANAPES 2023 - PORCINI MUSHROOM ARANCINI		119.21kcal	497.72kJ	8.29g	1.55g	8.57g	1.07g	0.30g	1.77g	0.96g
CORE ESTATE - CANAPES 2023 - FISHCAKE & CHORIZO SKEWERS		85.87kcal	360.00kJ	3.83g	1.47g	6.57g	0.33g	0.45g	6.64g	0.73g
CORE ESTATE - CANAPES 2023 - VEGETABLE FRITTI		50.08kcal	211.08kJ	1.82g	0.81g	7.26g	5.65g	1.80g	1.70g	0.70g
CORE ESTATE - CANAPES 2023 - POLLO PICANTE CHICKEN SKEWERS		95.70kcal	396.85kJ	7.68g	0.90g	0.48g	0.20g	0.03g	5.95g	0.10g
CORE ESTATE - CANAPES 2023 - SUNDRIED TOMATO & BOCCONCINI SKEWERS		2,157.44kcal	9,012.86kJ	197.05g	56.82g	19.57g	3.25g	0.17g	76.34g	10.27g
CORE ESTATE - CANAPES 2023 - MINI CUMBERLAND SAUSAGE ROLLS		369.22kcal	1,543.20kJ	26.64g	9.17g	24.81g	12.25g	1.53g	8.32g	1.62g