

Pub snacks / To share

Mixed Spanish olives ▼ £3.25

Haddock goujons with tartare sauce £4.25

Greek pitta bread with houmous and chilli sauce ▼ £4.25

Garlic ciabatta with or without cheese ▼ £3.50

Nachos with melting cheese, tomato salsa, guacamole and sour cream ▼ Regular £5.25 Large £6.95

Add spicy sausage £1.50

Starters

Seasonal soup with bread ▼ £4.95

Duck spring rolls with plum dipping sauce £7.25

Salt and pepper squid with rice wine and ginger dipping sauce £7.50

Devilled crab, salmon and brown shrimps with radish and gem salad and sea salt croûtes £6.95

Teriyaki chicken skewers with sweet soy dip £5.95

Good old deep fried brie with smoked chilli jam ▼ £4.95

Early every morning we speak to Chris Neve about the fish for our specials. If it's good stuff and in season you'll find it on the chalkboards. If you fancy treating yourself, you can pre-order lobster, oysters and langoustines. Please talk to a server for more details.

Lunch Menu

Available Monday - Friday 12noon - 5.30pm

Thick cut bloomer sandwiches all with fries and house salad

Kettle cooked ham and mustard £7.50

Lancashire cheese and onion ▼ £6.95

Sea water prawns and Marie Rose sauce £7.95

Smoked salmon and cucumber £7.50

Add a cup of soup for £2.00

Lunch dishes

Barley Mow club sandwich – triple decker, chargrilled chicken, smoked bacon with egg mayo, lettuce, tomato and fries £8.50

6oz gammon with fried egg, pineapple ketchup, grill garnish and chips £7.50

Barley Mow lasagne - slow cooked mince and brisket with garlic ciabatta and salad £8.50

Grilled haddock with Lancashire cheese crumb, creamed spinach and fries £9.50

Cheese and ham toastie with chutney, garden salad and fries ▼ £6.95

Pendle Grill

Our friends Simon and Nick Mellin, from Roaming Roosters, supply us with the finest Lancashire grass fed beef, local pork and lamb.

Robata grilled Lancashire grass fed beef with slow roast tomato and mushrooms, onion rings and fries 10oz sirloin £21.95 8oz fillet £23.50

Add pepper sauce or blue cheese sauce £1.95

12oz gammon rib-eye with grill garnish, fried egg, onion rings and fries £12.50

Mow burger - 2 x 4oz patties of Lancashire grass fed beef with brioche bun, onion rings, house barbecue sauce and fries, with or without cheese £11.95

Grilled chicken burger - Butterfly chicken breast with Cajun seasoning, melting cheese and bacon, fries and onion rings £10.95

Pendle grill - 5oz sirloin steak, local lamb cutlet, cajun chicken breast, 6oz gammon steak and free range pork sausage, fried egg with grill garnish, onion rings and fries £21.50

Mow Favourites

Fish and fries with mushy peas and tartare sauce £11.50

Poached salmon and prawn salad – served chilled with potato and crème fraiche, avocado, dill and lemon £10.25

Barley Caesar salad with parmesan and garlic croutons ▼ £8.95

Add chicken £3.50

Scampi and chips with peas, tartare sauce and lemon £10.95

Pies & Puddings

Cheese and onion pie with buttered peas and fries - baked to order (*please allow 20 mins*) ▼ £10.95

Rag pudding – minced beef and onion with mushy peas, fries and ale gravy £11.50

Mow Pie - for this week's seasonal favourite, please see the specials board

Our Puddings

Vanilla brûlée with raspberries and shortbread £5.75

Rocky road cheesecake with white chocolate, cherries, popcorn and peanuts £5.95

Melting chocolate fudge pudding with caramel ice cream and raspberry sauce £5.95

Pineapple and passion fruit mess with vanilla whipped cream £5.50

3 cheese selection with crackers, chutney and grapes £6.50

Sides

Sea salt fries £2.75

Garden salad with chive dressing £2.75

Garlic bread, with or without cheese £3.50

Crispy garlic potatoes £2.75

Green beans with garlic and chilli butter £2.75

Broccoli and peas £2.75